

# WHEN THE JOURNEY IS TOO GREAT

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*How God Counsels Hurting People*

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## 1 Kings 19

### ► Elijah's state of mind:

1. He is fearful.
2. He is alone.
3. He is overwhelmed.

### ► God's counsel:

1. constant comfort
2. patient understanding

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TRUTH/FAITH

**THINK**



**DO**



**FEEL**

Jn 13:17;  
Php 4:9

BEHAVIOR

righteous,  
godly acts,  
speech,  
thinking

EXPERIENCE

joy, peace,  
satisfaction,  
security,  
blessings

RESULT

exaltation



DECEPTION/DOUBT

unrighteous,  
ungodly acts,  
speech,  
thinking

distress,  
anxiety,  
guilt, anger,  
despair

humiliation

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### ► Elijah's state of mind:

1. He is fearful.
2. He is alone.
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### ► God's counsel:

1. constant comfort
2. patient understanding
3. divine presentation
4. divine mission
5. godly companionship

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